PDL-Personal Development Learning



PSHE - Personal, Social, Health and Economic Education

RSE - Relationships, Sex, Education

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What is PDL – A term introduced by Hampshire meaning Personal Development Learning and is the over-arching title of PSHE and RSE.

- PSHE/ RSE one of the most important foundation subjects in the curriculum
- RSE curriculum has been altered and difficult conversations now need to be addressed
- RSE curriculum is statutory
- Greater emphasis on Online Safety
- KCSIE Peer on Peer abuse
- To unpick behaviour and habits from an earlier age
- The use of correct language / terminology
- To develop skills to challenge and form their own opinions at an earlier age
- Should be one hour of timetabled PSHE per week or blocked



RSE at Calmore

From September 2020, sex and relationships education (SRE) is being replaced by compulsory relationships and sex education (RSE). The following will become mandatory as part of the PSHE curriculum: Relationships education in all primary schools. ... Health education, including mental health, in all state funded schools

Department for Education Feb 2021



PSHE / RSE at Calmore

- Safe practice
- Set guidelines and rules
- Ensure resources are not instructional in unhealthy behaviours
- Be very careful not to re-traumatise children!





<u>Intent</u>

Through participation in the PSHE and RSE curriculum at Calmore Infant School we intend for all children to develop the skills, knowledge and understanding to grow and develop into healthy, independent and responsible members of society. We take a holistic approach to the children's development throughout Calmore and recognise the importance of not only how they develop intellectually but also spiritually, morally and socially. This is underpinned across the whole school with our Learning Heroes. These are threaded throughout the curriculum which allows the children to develop the cultural capital they need to succeed in their lives. Staff and children refer to these learning heroes when reflecting upon learning and experiences.

We recognise that children are growing up in an ever changing world and we help the children establish a strong understanding of diversity and awareness of others. We encourage children to take an active role in our school community to support their understanding the roles and responsibilities they will encounter later in life.

The intent of our PDL curriculum is to be inclusive and accessible to allow all children to maximise their opportunities to know more, remember more and understand more. We intend to have a flexible curriculum that supports all children throughout the school. We understand that each child and group of children have different experiences so we adapt our approach to different aspects of the curriculum depending on the children and these experiences.



<u>Implementation</u>

We strive to provide our children with learning opportunities across and beyond the curriculum, in specific PDL lessons, circle lime, special school projects and other activities that enrich pupils experiences. There are always occasions where teachers may feel it necessary to teach PSHE as a result of an issue arisen in their own class. We use I mages, our School Values, British Values and SMSC discussions and displays to provide further opportunities for children. Through PDL sessions, links with the local communities, visitors and national and international events we provide enrichment opportunities to contextualise learning. PSHE is an important part of school assemblies were children's spiritual, moral, social and cultural curiosity is stimulated, challenged and nurtured.



<u>I mpact</u>

All children will understand the importance of PDL, British Values and the effects it can have on life in and out of school. This will be shown through pupil voice and Holistic Learning. The PDL subject lead along with the Senior Leadership Team will monitor it's on-going impact. Teaching pupils to stay safe and healthy, by building self-esteem, resilience and empathy, an effective PDL programme can tackle barriers to learning, raise aspirations, and improve the life chances of the most vulnerable and disadvantaged pupils. The skills and attributes developed through PDL education are also shown to increase academic attainment and attendance rates, particularly among pupils eligible for free school meals, as well as improve employability and boost social mobility. It helps them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. Our curriculum allows pupils to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to Calmore school life, the wider community and beyond!

PSHE/ RSE Curriculum

Following guidance from the PSHE association, here at Calmore we use a question based approach, this will include:

- Baseline assessment
- Series of lessons
- Evaluation What have | learnt?

How will we show learning and progression / How do I know teachers are implementing planning?

- Pupil voice
- Floor books
- Displays
- Summative assessments
- Formative assessments
- Feedback and targets
- Portfolio of work samples
- Foundation Subject books
- Pupil conferencing
- Learning Walks

Other areas to look at:

- Good To Be Me team
- School Council
- Buddy system
- Colour Monster / Kindness Elves



Personal Development Learning Top Tips

- Set rules/guidelines with the children
- Children feel respected and feel safe to voice opinions
- Active listening: They listen to others, have differences in opinions and able to remain respectful-
- Agree/ disagree
- Chdn able to reflect and evaluate, allowing pupil voice to inform the curriculum
- Floor books
- Assessment and feedback
- PSHE lunchtime clubs? to support relationships sharing etc



KSI Long Term Plan 2021-2022

4	Relationships			Health and Well-Being			Living in the Wider World		
		<u> </u>	Aut 2		Spr	Spr 2		Suml	Sum 2
	Year I	What is the same and different about us?	Who is Specia us?	llo	What helps us to stay healthy?	What can we with money		Who helps us to keep safe?	How can we look after each other and the world?
	Year 2	What makes a good friend?	What is bullyir	1g?	What jobs do people do?	What helps us stay sace?		What helps us grow and stay healthy?	How do we recognise our reelings?